



**SESSION: 3**  
**Winter Wonderland**

Ages 4-5yrs  
45 min

v.1 2024



**Props:**

Polka Dots

Ribbons

Stamps

Jingle Bells

**Playlist**

- 1) Walking In a Winter Wonderland
- 2) Shake My Sillies Out
- 3) Jingle Bells
- 4) N/A
- 5) Me-Ah Smile
- 6) Double Bubble Gum
- 7) Teacher Choice – option 1 or 2
- 8) N/A
- 9) N/A

**Attendance – welcome and warm up (3 min)**

**Warm up in lines – with polka dots**

- 1) Follow the Leader – in circle around polka dots

**Creative Movement (5 min)**

- 2) Shake My Sillies Out
- 3) Jingle Bells – with bells, practice counting to 8

**Vocals (10 min)**

- 4) Breathing – Pant like a dog, play doh face, fishy lips
- 5) Me-Ah Smile
- 6) Double Bubble Gum

**Centre Work – Stationary Skills (10 min)**

- 7) WINTER SHOWCASE CHOREOGRAPHY
- Option 1 or Option 2

**Improv (10 min)**

- 8) Teachers Choice – Improv, Acting or Charades

**Goodbye (2 min)**

- 9) Circle and Bow to friends, bow to teacher

**\*must be lined up at door to receive stamps\***