



SESSION: 3
Winter Wonderland
Ages 18m – 3yrs
45 min

v.1 2024



Props

Polka Dots Candy Canes
Stamps Book Jingle Bells

Playlist

- 1) Hello Song
- 2) If You're Happy and You Know It
- 3) Shake Sillies Out
- 4) Reindeer Pokey
- 5) North Pole Freeze Dance
- 6) Nutcracker March
- 7) Rudolph Red Nosed Reindeer
- 8) **Option 1 or Option 2**
- 9) Book – Itsy Bitsy Snowman
- 10) Jingle Bells
- 11) Siesta

Attendance – welcome and warm up (5 min)

In a Circle - Jump when name called for attendance

- 1) Hello Song
- 2) If You're Happy and You Know It
- 3) Shake Sillies Out

Creative Movement (6 min)

- 4) Reindeer Pokey
- 5) North Pole Freeze Dance

Across Floor – Locomotor Skills (5 min)

Polka dots across back of room for each dancer

- 6) Marches – Nutcracker Soldiers
- 7) Gallops – Partners or Plastic Candy Canes

Centre Work – Stationary Skills (12 min)

Each dancer on a polka dot, straight line, middle of room

8) WINTER SHOWCASE CHOREOGRAPHY
- Option 1 or Option 2

Story Time/Sing Along (3 min)

- 9) Book – Itsy Bitsy Snowman

Creative Movement (3 min)

- 10) Bells – Jingle Bells

Goodbye (2 min)

- 11) Siesta Song

Choo Choo train -hands on shoulders - line up at door to receive stamp and walk out of room in a line to greet parents