



SESSION: 6

Showtime

Ages 3-4yrs
45 min

v.1 2025



Props

Polka Dots

Jingle Bells

Stamps

Playlist

- 1) Be Our Guest
- 2) You've Got a Friend In Me
- 3) Shake Sillies Out
- 4) I Won't Grow Up
- 5) Slow/Fast
- 6) N/A
- 7) I'm So Happy
- 8) N/A
- 9) Winter Showcase
- 10) Caterpillar/Butterfly
- 11) Bye Bye, Goodbye

Attendance – welcome and warm up (8 min)

In a Circle - Jump when name called for attendance

- 1) Follow the Leader – in a circle around polka dots
- 2) Warm up

Creative Movement (3 min)

- 3) Shake Sillies Out – on polka dots

Across Floor – Locomotor Skills (10 min)

Polka dots corner to corner – X formation

- 4) Jump Claps – zig zag across floor

Creative Movement (2 min)

- 5) Slow/Fast – talk through choices then dance

Vocals (10 min)

- 6) Breathing – Pant like a dog, play doh face, fishy lips
- 7) I'm So Happy
- 8) Tongue Twister – Red Leather, Yellow Leather

Centre Work – Stationary Skills (10 min)

- 9) WINTER SHOWCASE CHOREOGRAPHY – Do-Re-Mi

Creative Movement (2 min)

- 10) Caterpillar/Butterfly – with scarves or wings

Goodbye (2 min)

- 11) Bye Bye, Goodbye

line up at door in choo choo train for stamps