



SESSION: 9

Giggles
Ages 18m – 3yrs
45 min

v.1 2025



Props

Polka Dots Stepping Stones Stamps
Book - Recital

Playlist

- 1) Hello Song
- 2) Broadway Baby
- 3) Happy Dance
- 4) Shake Sillies Out
- 5) Dance and Stop
- 6) Just Can't Wait to Be King
- 7) Sailing My Boat
- 8) Book – The Night Before Recital
- 9) Let It Go!
- 10) Siesta Song

Attendance – welcome and warm up (9 min)

In a Circle - Jump when name called for attendance

- 1) Hello Song
- 2) Warm up – butterfly, straddle, jumps, hips, balance
- 3) Happy Dance – Hand Jive

Creative Movement (6 min)

- 4) Shake Sillies Out
- 5) Dance and Stop

Across Floor – Locomotor Skills (5 min)

Stepping Stone

- 6) Stepping Stones – obstacle – jump over, step on top, balance across – experiment with different ways to travel on or through/around

Centre Work – Stationary Skills (12 min)

Each dancer on a polka dot, straight line, middle of room

7) SHOWCASE CHOREOGRAPHY

Story Time/Sing Along (3 min)

- 8) Book – The Night Before Recital

Creative Movement (3 min)

- 9) Guided Freeze Dance

Goodbye (2 min)

- 10) Siesta Song

Choo Choo train -hands on shoulders - line up at door to receive stamp and walk out of room in a line to greet parents