

Learning Plan

Class Name: Kids Acting/Improv 101	Session: Fall Session 2025	Day: ⊠ Tues □ Wed □ Sat □ S	un
------------------------------------	----------------------------	------------------------------------	----

Class Length: 1h 15m Session Length: 12 weeks Class Time: 4:15pm – 5:30pm

Created on: 2025/05/28 Created by: DEYA

Last edited: 2025/12/11 **Version:** 1

Class Rubric – Improv 101 Level

Class Learning Goals	Success Criteria
Technique	 Student demonstrates an understanding of using the given rules and story elements present in an activity to create an improvised narrative Student listens and responds to scene partners during improv activities to form a collaborative narrative Student is generally able to maintain focus within an improvised narrative
Collaboration and Teamwork	 Student consistently works collaboratively with others, both during and between activities Student demonstrates an understanding of the group as a team working to achieve a shared goal Student is able to uplift the ideas and voices of others while also being an active participant in activities Student shares the focus of group activities between their classmates and themselves as necessary for the improvised narrative
Performance and Audience Awareness	 Student demonstrates confidence on stage and the ability to engage and communicate effectively with their audience Student's performance is visible and can be understood by an audience
Professionalism	 Student is prepared to learn and engage at the start of class Student actively participates in class activities and treats instructors and other students with respect Student willingly takes part in warm up activities led by the instructor that prepares their body, voice, and mind for creative work

Class Rubric – Acting 101 Level

Kids Acting/Improv 101 Page **1** of **14**



Class Learning Goals	Success Criteria
Technique	 Student is able to perform one scene audibly, clearly, and accurately to the script Student demonstrates a beginner understanding of applying pace, pitch, and volume to create character and support narrative Student demonstrates some ability to use physicality and space to create character and support narrative Student demonstrates the ability to learn and repeat blocking for their scene Students is aware of and responding to their scene partner(s) during performance and activities Student understands the following theatre terminology: actor's neutral (prepared to work), play, scene, theatre, physicality, characterization, voice, projection, blocking, stage directions (DS, US, SL, SR), dress rehearsal, objectives/wants, super-objectives, tactics, obstacles, context, setting, environment, given circumstances, relationships
Engagement with Material	 Student develops an understanding of their piece and how their role contributes to the overall narrative Student demonstrates an understanding of material and how this is portrayed through their performance choices Student demonstrates an understanding of their character and uses this to inform their choices
Performance and Audience Awareness	 Student demonstrates confidence and the ability to engage and communicate effectively with their audience Student's performance is visible and can be understood by an audience
Professionalism	 Student is prepared to learn and engage at the start of class Student actively participates in class activities and treats instructors and other students with respect Student practices material outside of class as necessary so they are adequately prepared for class Student willingly takes part in warm up activities led by the instructor that prepares their body, voice, and mind for creative work

Kids Acting/Improv 101 Page **2** of **14**



Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 1	1 – Introduction	 Group warm up Class structure and expectations Create your "classroom code" for the session. This is a list of classroom values that help everyone succeed (ex. Respect, kindness, listening, etc.) Getting to know you improv game/activity Discussion about what are improv and scripted acting are 	At the end of this lesson, students will - Have an understanding of class structure and expectations - Begin to apply working collaboratively and as a team	

Notes:

Kids Acting/Improv 101 Page **3** of **14**



Dates Clas	ass Title	Class Topics/Key Activities	Learning Goals	Materials
Week 2 2 – I	- Improv	 Group warm up Introduction to improv Teamwork based improv game 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening - Begin to work as a team during activities	

Notes:

Kids Acting/Improv 101 Page **4** of **14**



Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
	3 – Narrative and Storytelling	 Group warm up Introduce vocabulary: Storytelling, narrative Improv game about narrative and storytelling 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening - Begin working as a team to develop narratives in improvised scenes	

Notes:

Kids Acting/Improv 101 Page **5** of **14**



Dates Class Tit	Class Topics/Key Activities	Learning Goals	Materials
Week 4 4 — Characte Voice	 Group warm up Introduce vocabulary: characterization, voice Building distinct characters Explore vocal pitch, tone, volume, quality Voice based improv game 	At the end of this lesson, students will Continue to develop confidence within the group Continue to develop skills in collaboration and active listening during activities Continue working as a team to develop narratives in improvised scenes Understand how to create character using volume, pitch, tone, etc.	

Notes:

Kids Acting/Improv 101 Page **6** of **14**



Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 5	5 – Character physicality	 Group warm up Introduce vocabulary: physicality Explore physicality, using gestures, taking up space, etc. 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening during activities - Continue working as a team to develop narratives in improvised scenes - Understand how to create character using gesture, space, shape, etc.	

Notes:

Kids Acting/Improv 101 Page **7** of **14**



Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 6	6 – Intro to Scripted Acting	 Group warm up Review – favourite improv games Discuss what scripted acting is Introduce vocabulary: actor's neutral (prepared to work), play, scene, theatre Read through and select scenes for students to work on 	At the end of this lesson, students will - Understand what a play is - Begin to understand how to prepare and warm up for scripted acting	- Scenes

Notes:

Kids Acting/Improv 101 Page 8 of 14



Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 7	7 – Scene work	 Group warm up Improv game Explore understanding the context, themes, narrative, relationships, and conflicts in a scene Begin working with scenes 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening during activities - Have a basic understanding of how to analyze a scene	- Scenes

Notes:

Kids Acting/Improv 101 Page **9** of **14**



Dates Class Titl	Class Topics/Key Activities	Learning Goals	Materials
Week 8 8 – Characte Work	 Group warm up Introduce vocabulary: projection Character and voice based improv games Explore building character through physicality and voice in a scene Complete character work with scene characters 	 At the end of this lesson, students will Continue to develop confidence within the group Continue to develop skills in collaboration and active listening during activities Have a basic understanding of how to build distinct characters based on written material 	- Scenes

Notes:

Kids Acting/Improv 101 Page **10** of **14**



Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 9	9 – Blocking	 Group warm up Introduce vocabulary: stage right, stage left, upstage, downstage Stage directions activity Block students' scenes 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening during activities - Understand basic principles of blocking and stage directions - Begin applying blocking and stage directions to their scenes	- Scenes

Notes:

Kids Acting/Improv 101 Page **11** of **14**



Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 10	10 – Coaching	 Group warm up/Improv game Coach half of students' scenes 	 At the end of this lesson, students will Continue to develop confidence within the group Continue to develop skills in collaboration and active listening during activities Have an understanding of how feedback is intrinsic to the theatre process Begin receiving and applying notes to their scenes 	- Scenes

Notes:

Kids Acting/Improv 101 Page **12** of **14**



Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 11	11 – Coaching pt. 2	 Group warm up/Improv game Coach other half of students' scenes Decide order for sharing 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening during activities - Have an understanding of how feedback is intrinsic to the theatre process - Begin receiving and applying notes to their scenes	- Scenes

Notes:

Kids Acting/Improv 101 Page **13** of **14**



Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 12	12 – Final Week	 Group warm up/Improv game "Dress rehearsal" for sharing (review) Final sharing for parents 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening during activities - Understand and experience the performance process	- Scenes

Notes:

Kids Acting/Improv 101 Page **14** of **14**