

## **Learning Plan**

Class Name: Teen Acting	Session: Fall Session 2025	<b>Day:</b> ⊠ Tues □ Wed □ Sat □ Sun	
Class Length: 1h 15m	Session Length: 12 weeks	<b>Class Time:</b> 4:15pm – 5:30pm	
Instructor:	<b>Location:</b> ⊠ DEYA □ DFT □ HFT	☐ HCP ☐ KWT	
<b>Created on:</b> 2025/06/02	Created by: Hanna Freitas		
<b>Last edited:</b> 2025/06/02	Version: 1		

### Class Rubric – Acting

Class Learning Goals	Success Criteria
Technique	<ul> <li>Student is able to perform one scene audibly, clearly, and accurately to the script</li> <li>Student is able to perform one monologue audibly, clearly, and accurately to the script</li> <li>Student demonstrates and applies pace, pitch, and volume to create character and support narrative</li> <li>Student uses physicality and space to create character and support narrative</li> <li>Student is able to learn and repeat blocking for their scene</li> <li>Students is listening, responding, and reacting to their scene partner(s) during performance and activities</li> </ul>
Engagement with Material	<ul> <li>Student is able to articulate their understanding of their scene and how their role contributes to the overall narrative</li> <li>Student is able to articulate their understanding of their monologue's narrative and how this is portrayed through their performance choices</li> <li>Student demonstrates a clear and unique understanding of their character and uses this to inform their choices in both their scene and monologue</li> </ul>
Performance and Audience Awareness	<ul> <li>Student demonstrates the ability to communicate a specific story effectively through their work to an audience</li> <li>Student's performance is engaging to watch and demonstrates confidence in their abilities</li> </ul>
Professionalism	<ul> <li>Student is prepared to learn and engage at the start of class with all required materials on hand</li> <li>Student actively participates in class activities</li> <li>Student treats instructors and other students with respect</li> <li>Student rehearses material outside of class so they are adequately prepared for class and performances</li> </ul>

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-	Student actively takes part in warm up activities led by the instructor that prepares their body, voice, and mind for
	creative work

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Dates	Class Title	Class Topics	Learning Goals	Materials	
Week 1	1 – Introduction	<ul> <li>Class structure and expectations</li> <li>Getting to know you</li> <li>What is scripted acting?</li> <li>Allowing yourself to be seen*</li> </ul>	At the end of this lesson, students will  - Have an understanding of class structure and	students will handed of to students	<ul> <li>Materials handed out to students</li> </ul>
		Key Activities	- Understand this is a		
		<ul> <li>Group warm up</li> <li>As a class, create your "classroom code" for the session – list of classroom values that help everyone succeed (ex. Respect, kindness, an open mind, etc.)</li> <li>Introduction to scripted acting</li> <li>Getting to know you</li> <li>Activity Suggestions:         <ul> <li>Getting to know you: The Name Game; Alliteration Introduction; the Great Wind Blows</li> </ul> </li> </ul>	space where students can work creatively and to their fullest, being seen but not judged		

Notes:

Details for all activity suggestions can be found in the Instructor Materials binder.

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<sup>\*</sup>i.e. Acting exercises often have students doing activities that, to them, can seem weird or funny; part of their learning is in allowing themselves to be seen by others without being held back by embarrassment, and to see others without negative judgement. Everyone contributes to creating a space where this type of learning is possible.



Dates	Class Title	Class Topics	Learning Goals	Materials
Week 2	2 – The Body	<ul> <li>Preparing the body for physical work</li> <li>Finding groundedness and making movement intentional</li> <li>Exploring energy and physicality</li> <li>Qualities of movement</li> </ul>	At the end of this lesson, students will  - Continue to develop confidence within the group  - Understand the importance of a physical warm up for creative work  - Begin to understand the process of finding groundedness in performance work  - Be able to articulate different qualities of movement and what these communicate to an	
		<ul> <li>Key Activities</li> <li>Group warm up</li> <li>Groundedness exercise</li> <li>Physicality and qualities of movement exercise</li> <li>Activity Suggestions:</li> <li>?</li> </ul>	audience - Continue to develop skills in collaboration and active listening during activities	

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Dates	Class Title	Class Topics	Learning Goals	Materials						
Week 3	3 – The Voice	<ul> <li>How to prepare the voice for creative work</li> <li>Connecting to the breath</li> <li>Projection, articulation, and clarity</li> </ul>	At the end of this lesson, students will  - Continue to develop confidence within the group	- Continue to develop confidence within the group	- Continue to develop confidence within the group	- Continue to develop confidence within the group	- Continue to develop confidence	- Continue to develop confidence within the group	- Continue to develop confidence within the group	- Scenes
		Key Activities	vocal warm up for creative work							
		<ul> <li>Group warm up</li> <li>Breath work</li> <li>Articulation exercise</li> <li>Projection exercise</li> <li>Select scenes for students to work on for the rest of the class</li> <li>Homework: Have students research/read the play/material their scene is from</li> <li>Activity Suggestions:         <ul> <li>?</li> </ul> </li> </ul>	<ul> <li>Begin to understand the process of connecting to and using the breath</li> <li>Begin to understand the basics of vocal projection and articulation</li> <li>Continue to develop skills in collaboration and active listening during activities</li> </ul>							

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Dates	Class Title	Class Topics	Learning Goals	Materials
Week 4	4 – Text Work	<ul> <li>Beginning to approach text</li> <li>Discovering context, setting, material conditions, given circumstances, etc.</li> <li>Discovering objectives/wants, superobjectives, tactics, obstacles, etc.</li> </ul>	At the end of this lesson, students will  - Continue to develop confidence within the group  - Continue to develop skills in collaboration and active listening  - Practice asking questions that inform and	- Scenes
		Key Activities  - Group warm up/Intro game - Script work for selected scenes Activity Suggestions: - Script work: Uta Hagen's "Nine Questions"	deepen their understanding of the selection of text they are working on	

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Dates	Class Title	Class Topics	Learning Goals	Materials	
Week 5	5 – Blocking	<ul> <li>Using your scenography</li> <li>Creating and learning blocking</li> </ul>	At the end of this lesson, students will  - Continue to develop confidence within the group  - Continue to develop skills in collaboration and active listening during activities  - Understand the process of setting and recording blocking	<ul> <li>Continue to develop confidence within the group</li> <li>Continue to develop skills in collaboration and active listening during activities</li> </ul>	- Scenes
		Key Activities			
		- Group warm up - Block all scenes			

Notes:

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Dates	Class Title	Class Topics	Learning Goals	Materials
Week 6	6 – Scene Coaching pt. 1	- Receiving and applying feedback  Key Activities  - Group warm up - Coach half of students' scenes		- Scenes
			feedback to their scenes - Reinforce prior learning related to	
			text, body, and voice	

Notes:

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Dates	Class Title	Class Topics	Learning Goals	Materials
Week 7	7 – Scene Coaching pt. 2	- Receiving and applying feedback		<ul><li>Scenes</li><li>Monologues</li></ul>
		Key Activities	during activities	
	- Coach other hal - Debrief learning - Have students s on OR assign stu on previous wo - <b>Homework:</b> Hay the play/materi	<ul> <li>Coach other half students' scenes</li> <li>Debrief learning on scenes</li> <li>Have students select monologues to work on OR assign students monologues based on previous work</li> </ul>	<ul> <li>Understand the importance of feedback in the creative process</li> <li>Begin receiving and applying feedback to their scenes</li> <li>Reinforce prior learning related to text, body, and voice</li> </ul>	

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Dates	Class Title	Class Topics	Learning Goals	Materials
Week 8	8 – Intro to monologues	- Introduce monologues - Debrief monologue research - Applying voice work to monologues - Applying text work to monologues  Key Activities - Group warm up - Text work for monologues	At the end of this lesson, students will  - Continue to develop confidence within the group  - Continue to develop skills in collaboration and active listening during activities  - Understand how previous concepts can be applied to solo performance  - Assess the playwright's use of sound to communicate character and story	- Monologues
		<ul> <li>Voice work for monologues</li> <li>Suggested Activities:         <ul> <li>Text: Uta Hagen's "Nine Questions" applied to monologues; Finding the "thoughts," beginning to action the text</li> <li>Voice: Vowels and consonants</li> </ul> </li> </ul>	- Begin to assess the outward journey a character is experiencing in a solo piece	

Notes:



Dates	Class Title	Class Topics	Learning Goals	Materials		
Week 9 9 – Coaching Monologues pt. 1		<ul> <li>Receiving and applying feedback</li> </ul>	At the end of this lesson, students will  - Continue to develop confidence within the group  - Continue to develop skills in collaboration and active listening during activities  - Understand the importance of feedback in the creative process	<ul> <li>Continue to develop confidence within the group</li> <li>Continue to develop skills in collaboration and active listening during activities</li> </ul>	<ul> <li>Continue to develop confidence within the group</li> <li>Continue to develop skills in collaboration and active listening during activities</li> </ul>	- Monologues
		Key Activities				
		<ul> <li>Group warm up</li> <li>Coach half of students' monologues</li> </ul>	Begin receiving and applying feedback to their scenes     Reinforce prior learning related to text, body, and voice			

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Dates	Class Title	Class Topics	Learning Goals	Materials
Week 10	10 – Coaching Monologues pt. 2	- Receiving and applying feedback	At the end of this lesson, students will  - Continue to develop confidence within the group  - Continue to develop skills in collaboration and active listening during activities  - Understand the importance of feedback in the creative process  - Begin receiving and applying feedback to their scenes  - Reinforce prior learning related to text, body, and voice	- Monologues
		Key Activities		
		<ul> <li>Group warm up</li> <li>Coach other half of students' monologues</li> </ul>		

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Dates	Class Title	Class Topics	Learning Goals	Materials
Week 11	11 – Preparing for Sharing	- Preparing work for performance	At the end of this lesson, students will  - Continue to develop confidence within the group  - Continue to develop skills in collaboration and active listening during activities	- Scenes - Monologues
		Key Activities		
		<ul> <li>Group warm up</li> <li>Determine which scenes and monologues will be shared (decided by students)*</li> <li>Create order for sharing</li> <li>Review scenes and monologues that will be in sharing</li> </ul>		

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<sup>\*</sup>Sharing must be kept to 30-45min. Depending on class size, not all monologues/scenes will be able to be shared. It is recommended that all students who wish to present their monologue may do so, and only selected scenes are shown.



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Dates	Class Title	Class Topics	Learning Goals	Materials
Week 12	12 – Parent Sharing	- Public performance	At the end of this lesson, students will  - Continue to develop confidence within the group  - Continue to develop skills in collaboration and active listening during activities  - Understand and experience the performance process  - Put into practice their foundational learning as it applies to performance	
		Key Activities		
		<ul><li>Group warm up</li><li>Sharing for parents</li></ul>		

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