

Learning Plan

Class Name: Youth Improv 201	Session: Fall Session 2025	Day: □ Tues ⊠ Wed □ Sat □ Sun
Class Length: 1h 15m	Session Length: 12 weeks	Class Time: 7:15pm – 8:30pm
Created on: 2025/06/09	Created by: Hanna Freitas	
Last edited: 2025/12/11	Version: 1	

Class Rubric – Improv 201 Level

Class Learning Goals	Success Criteria
Technique	 Student understands and applies the given rules and story elements present in an activity to create an improvised narrative Student actively listens and responds to scene partners during improv activities to form a collaborative narrative Student is able to maintain focus within an improvised narrative Student is able to recognize and apply the techniques of offering, accepting, advancing, and justifying Student selects language and gestures appropriate to a given character and setting in improvised scenes Student makes use of the whole performance space to create complete stage pictures and environments during activities
Collaboration and Teamwork	 Student consistently works collaboratively with others, both during and between activities Student is able to uplift the ideas and voices of others while also being an active participant in activities Student shares the focus of group activities between their classmates and themselves as necessary to support the improvised narrative
Performance and Audience Awareness	 Student demonstrates confidence on stage and the ability to engage and communicate effectively with their audience Student's performance is creative, engaging, and clear to the audience
Professionalism	 Student is prepared to learn and engage at the start of class Student actively participates in class activities and treats instructors and other students with respect

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- Student actively takes part in warm up activities led by the instructor that prepares their body, voice, and mind
for creative work

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Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 1	1 – Introduction	 Warm up Create your "classroom code" for the session. This is a list of classroom values that help everyone succeed (ex. Respect, kindness, listening, etc.) Getting to know you activity Activity about developing listening skills within group 	At the end of this lesson, students will - Have an understanding of class structure and expectations - Begin to develop confidence within the group - Begin to work as a team during activities - Begin to develop skills in collaboration and active listening	

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Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 2	2 – Listening	 Group warm up Activities/games about listening and maintaining awareness of a group 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening - Begin working as a team to develop narratives in improvised scenes	

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Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 3	3 – Making and accepting offers	 Group warm up Introduce vocabulary: Offer, blocking, accepting, "yes, and" Activities/games about how to make, respond to, and integrate offers 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening - Continue working as a team to develop narratives in improvised scenes	

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Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 4	4 – Making and Accepting Offers Cont'd	 Group warm up Introduce vocabulary: Offer, blocking, accepting, "yes, and" Activities/games about how to make, respond to, and integrate offers 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening - Continue working as a team to develop narratives in improvised scenes	

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Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 5	5 – Building Character	 Group warm up Introduce vocabulary: Character, endowment, status Activity/game about building and portraying unique, purposeful, and identifiable characters 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening - Begin to develop unique characters in improvised scenes as a group	

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Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 6	6 – Advancing	 Group warm up Introduce vocabulary: setting, relationship, conflict, stakes, resolution Activity/game about advancing offers beyond the initial idea 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening - Continue working as a team to develop narratives in improvised scenes - Begin advancing offers within an activity to support and enhance the narrative	

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Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 7	7 – Location & Stagecraft	 Group warm up Introduce vocabulary: Environment Activities/games about creating locations/settings and improving stagecraft 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening during activities - Continue working as a team to develop narratives in improvised scenes - Begin to understand how to create and establish larger environments that enhance an improvised narrative	

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Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 8	8 - Justification	 Group warm up Activities/games about justifying offers in a scene 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening - Continue working as a team to develop narratives in improvised scenes - Continue advancing offers within an activity to support and enhance the narrative - Begin justifying offers within a narrative so they enhance the initial platform of a scene	

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Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 9	9 – Storytelling	 Group warm up Introduce vocabulary: exposition, rising action, climax, falling action, resolution Using the concepts of offers, advancing, and justifying to form well-rounded narratives 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening during activities - Continue working as a team to develop narratives in improvised scenes - Develop an understanding of basic story structure	

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Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 10	10 – Beats	 Group warm up Introduce vocabulary: beat, declaration, agreement, expansion, summary Activities/games about forming beats in improvised narratives 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening during activities - Continue working as a team to develop narratives in improvised scenes - Develop an understanding of recognizing a beat and how this contributes to the overall narrative	

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Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 11	11 – Scenes	 Group warm up Applying prior learning to forming improvised scenes Decide activities for sharing, and who will be taking part in each 	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening during activities - Continue working as a team to develop narratives in improvised scenes	

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Dates	Class Title	Class Topics/Key Activities	Learning Goals	Materials
Week 12	12 – Sharing	- Group warm up - Sharing for parents	At the end of this lesson, students will - Continue to develop confidence within the group - Continue to develop skills in collaboration and active listening during activities - Continue working as a team to develop narratives in improvised scenes	

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